

## **Course Syllabus**

1	Course title	Psychology for Rehabilitation Sciences Students					
2	Course number	1802131					
3	Credit hours	2 (theory)					
3	Contact hours (theory, practical)	2 hours/week					
4	Prerequisites/corequisites	1801101					
5	Program title	<ul> <li>Bachelor of Science in Physiotherapy</li> <li>Bachelor of Science Occupational Therapy</li> <li>Bachelor of Science in Orthotics and Prosthetics</li> <li>Bachelor of Science Speech and Language Pathology</li> </ul>					
6	Program code	2					
7	Awarding institution	The University of Jordan					
8	School	Rehabilitation Sciences					
9	Department	All departments					
10	Course level	Undergraduate					
11	Year of study and semester (s)	1 <sup>st</sup> year Students, First Semester					
12	Other department (s) involved in teaching the course	None					
13	Main teaching language	English					
14	Delivery method	□Face to face learning □Blended □Fully online					
15	Online platforms(s)	□Moodle □Microsoft Teams □Skype □Zoom □Others					
16	Issuing/Revision Date	6/10/2022					

## 17 Course Coordinator:

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Contact hours: Mondays and Wednesdays 12:00 – 1:00pm
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## 18 Other instructors:

None

# 19 Course Description:

This course discusses the psychosocial aspects of disability commonly encountered in rehabilitation settings. The course will help students communicate with patients in a therapeutic manner while considering important factors that may affect intervention planning implementation in all rehabilitation fields for children and adults. Common conditions include congenital, physical, mental, and long term disabilities.



#### 20 Course aims and outcomes:

#### A- Aims:

Upon successful completion of this course, students who regularly attend and participate will have a good understanding of the experience of chronic illness and disability and their effect on psychosocial functioning. Students will be able to reflect on the impact of chronic illness and disability on attitudes, social, and environmental aspects of an individual's life

**B- Students Learning Outcomes (SLOs):** Upon successful completion of this course, students will be able to:

to.											
	ILO	ILO									
ILOs	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
SLOs of the course											
1.Develop a basic understanding of modern approaches of human psychology									X		
2.Understand basic concepts of human psychology									X		
3.Understand the psychosocial aspects of chronic illness and disability.	X				X						
4.Understand the functional aspects of chronic illness and disability				X			X				

## **Program ILOs**

- 1. Use knowledge in occupational therapy philosophy, theories, models, approaches, and frameworks in the practice of occupational therapy.
- 2. Apply the therapeutic use of occupation for individuals of different age groups and communities, within contemporary and future settings such as hospitals, schools, and homes etc, and with different diagnoses (such as pediatrics, neurological, physical, and psychiatry)
- 3. Assess and evaluate individual and environmental barriers to occupational performance, using a variety of formal, informal, standardized and non-standardized assessment tools and methods
- 4. Develop treatment plans collaboratively with clients, demonstrating application of best evidence, effective use of resources and client-centered practice.
- 5. Implement, identify and critically evaluate interventions
- 6. Document, evaluation results and progress using a variety of methods (including accurate evaluation forms/progress notes/discharge records), demonstrating the ability to adapt communication styles to meet different needs of practice
- 7. Demonstrate an understanding of service management principles and the government, economic, social and political issues that affect clinical practice.
- 8. Respect the rights, culture, dignity, confidentiality and individuality of clients and their families expected by the profession and realize the importance of client-centered practice with people from diverse backgrounds and advocate as a professional for the occupational therapy services offered and for the recipients of those services.
- 9. Develop problem solving strategies, clinical reasoning and critical reflection on practical scenarios, and synthesis knowledge through evaluation
- 10. Reflect skillful communication, leadership, time management, lifelong learning, using appropriate communication technologies and scientific research, work within a team, has the ability to think critically and solve problems.
- 11. Bear the responsibilities and exercise his rights and duties within the value system of society and public morals, and he has self-confidence and independence of personality and communicate with others orally and written in an effective and kind way.



# 21. Topic Outline and Schedule:

				Sync./		
Wk.	Lec.	Topic	SLO	A-	Resources	
				sync.		
	1.1	Syllabus Overview	1.0		Syllabus	
1		Introduction – What is Psychology?	1,2	Sync.	Kalat – Ch. 1 Module 1.1	
1	1.2	Psychology Now and Then	1,2	A- Sync.	Kalat – Ch. 1 Module 1.2	
Unit	I: Psyc	hology Basic Concepts				
	2.1	Learning – Classical Conditioning	1,2	Sync.	Kalat – Ch. 6 Module 6.1	
2	2.2	Learning –Operant Conditioning	1,2	A- Sync.	Kalat – Ch. 6 Module 6.2	
	3.1	Learning – Variations in Learning	1,2	Sync.	Kalat – Ch. 6 Module 6.3	
3	3.2	Learning – Recap and Overview	1,2	A- Sync.	Videos	
	4.1	Memory – Types of Memory	1,2	Sync.	Kalat – Ch. 7 Module 7.1	
4	4.2	Memory – Encoding, Storage, and Retrieval	1,2	A- Sync.	Kalat – Ch. 7 Module 7.2	
	5.1	Memory – Forgetting	1,2	Sync.	Kalat – Ch. 7 Module 7.3	
5	5.2	Cognition – Attention, Categorization, and Problem Solving	1,2	A- Sync.	Kalat – Ch. 8 Module 8.1 + 8.2	
	6.1	Intelligence – Part I	1,2	Sync.	Kalat – Ch. 9 Module 9.1 + 9.2	
6	6.2	Intelligence – Part II	1,2	A- Sync.	Kalat – Ch. 9 Module 9.1 + 9.2	
	7.1	Emotions – Part I	1,2	Sync.	Kalat – Ch. 12 Module 12.1 + 12.2	
7	7.2	Emotions – Part II	1,2	A- Sync.	Kalat – Ch. 12 Module 12.1 + 12.2	
	8.1	Midterm				
8	8.2	Motivation	1,2	A- Sync.	Kalat – Ch. 11 Module 11.1	
	9.1	Stress, Health, and Coping – Part I	1,2	Sync.	Kalat – Ch. 12 Module 12.3	
9	9.2	Stress, Health, and Coping – Part I	1,2	A- Sync.		
	10.1	Social Psychology	1,2	Sync.	Kalat – Ch. 13 Module 13.1 + 13.2	
10	10.2	Social Psychology	1,2	A- Sync.	Kalat – Ch. 13 Module 13.3 + 13.4	
Unit	II: Psy	chosocial and Functional Aspects of Chronic Ill	lness and		Ÿ	
11	11.1	<ul> <li>Impact of Chronic Illness and Disability</li> <li>Stress in chronic illness and Disability</li> <li>Copying Style and Strategies</li> </ul>	3,4	Sync.	Favlo Ch. 1	



	11.2	<ul> <li>Emotional Reactions to Chronic Illness and Disability</li> <li>Adaptation and adjustment</li> </ul>	3,4	A- Sync.	Favlo Ch. 1
	12.1	Chronic illness and disability throughout the life cycle	3,4	Sync.	Favlo Ch. 1
12	12.2	<ul><li>Self-concept, self-esteem, and social identity</li><li>Body Image</li><li>Stigma</li></ul>	3,4	A- Sync.	Favlo Ch. 1
13	13.1	<ul><li>The impact of Uncertainty</li><li>Invisible disability</li><li>Sexuality</li></ul>	3,4	Sync.	Favlo Ch. 1
	13.2	<ul><li>Family adaptation to chronic illness and disability</li><li>Quality of Life</li></ul>	3,4	A- Sync.	Favlo Ch. 1
14	14.1	- Adherence to Treatment & Recommendations - Client Family Education	3,4	Sync.	Favlo Ch. 1
	14.2	Functional Aspects of disability	3,4	A- Sync.	Favlo Ch. 1
15	15.1	Course Wrap up	3,4	Sync.	Favlo Ch. 1

<sup>\*</sup>Wk = Week; Lec. = Lecture; SLO = Student Learning outcome; Sync. = Synchronous; A-Sync = Asynchronous

## 22 Evaluation Methods:

Opportunities to demonstrate achievement of the SLOs are provided through the following assessment methods and requirements:

<b>Evaluation Activity</b>	Mark	Topic(s)	Period (Week)	Platform
Quizzes				
Synchronized Quizzes 10 As outlined above		Throughout the semester	Online Platform	
A-synchronized Quizzes	20	As outlined above	Throughout the semester	Online Platform
Midterm	30	Topics of week 1 to week 8	8	Face-to-Face
Final Exam 40		All topics	To be Announced	Face-to-Face

## 23 Course Requirements

- Secure Internet access
- Activated Teams

Activated microphone

- Microsoft Powerpoint Software



#### **24 Course Policies:**

## A- Attendance policies:

- Attendance will be taken on every class throughout the semester.
- Students are expected to attend and actively participate in all classes.
- Students are expected to join the class on Teams platform on time.
- When the student is unable to attend class, it is a courtesy to notify the instructor in advance using email.
- Students who miss class (or any portion of class) are responsible for the content. Any student who misses a class has the responsibility for obtaining copies of notes, handouts, assignments, etc. from classmates who were present. If additional assistance is still necessary, an appointment should be scheduled with the instructor. Class time is not to be used to go over material with students who missed class(es).
- An absence of more **3 synchronized classes**, requires that the student provides an official excuse to the instructor and the dean. If the excuses were rejected the student will not be allowed to take the final exam.

#### **B-** Absences from exams and handing in assignments on time:

- The instructor will not do any make-up exams or quizzes.
- Exceptions for make-up exams and quizzes will be made on a case-by-case basis for true personal emergencies that are described as accepted by the regulations of the University of Jordan (e.g., documented medical, personal, or family emergency).
- Except for the final exam, make-up exams will be arranged if justifications for missing the exam satisfy the above. It is the student's responsibility to provide an excuse for the absence within three days to schedule a make-up session; otherwise, the recorded score for that exam for the student will be a zero.
- Late assignments will not be accepted and submission of assignments (due to unjustified absence from class) by other students will not be accepted regardless of how much work the student put into its preparation.

#### **C- Health and safety procedures:**

- Students should understand the importance of and be able to maintain confidentiality.
- Students should know the limits of their practice and when to seek advice or refer to another professional

## D- Honesty policy regarding cheating, plagiarism, misbehavior:

- Students are expected to observe all University guidelines pertaining to academic misconduct.
- Any work submitted by a student for academic credit must be the student's own work. Submission of work taken directly from another source (e.g., book, journal, internet, clinic forms, or another student work) will be considered plagiarism and the student/group will get a zero grade for that work if part of an assignment. In addition, if copying occurred, both the student who copied the work and the student who gave material to be copied (if applicable) will receive a zero grade for the assignment.
- Students are expected to do work required for assignments on their own. Asking other instructors at the JU clinic or the staff, or other students to assist in or do any part of the assignment will negatively affect their grade on that assignment. The course instructor is the person the student needs to talk to if s/he has any difficulties pertaining to an assignment or project and is strongly encouraged to schedule an appointment with the instructor if such difficulties arise during the semester.
- Course materials prepared by the instructor, together with the content of all lectures and review sessions presented by the instructor are the property of the instructor. Video and audio recording of lectures and review sessions without the consent of the instructor is prohibited.
- Any forms of academic misconduct will be handled according to the University of Jordan guidelines.



## E- Grading policy:

Grading for this course will be determined based upon the accumulation of points from variety of quizzes and exams. All work will be evaluated on completeness, organization, clarity of information, and the integration and application of the material.

## F-Available university services that support achievement in the course:

The University of Jordan provides many services to support social, health, and mental well-being of students in general and students with disabilities in specific. Students are advised to visit the School of Students Affairs to learn more about those services. If you are a student with a disability for which you may request accommodations, please notify the staff of Services for Student with Disabilities (School of Students Affairs) as soon as possible. Please also contact the instructor as soon as possible (email is acceptable) so the appropriate accommodations for this course can be made

#### 25 References:

## A- Required book(s), assigned reading and audio-visuals:

- Kalat W. James (2016). Introduction to Psychology. Eleventh Edition. Cingage
- Favlo, D. (2009). Medical and psychosocial aspects of chronic illness and disability. Ed: Author, Jones and Bartlett Publishers. Referred to at FD
- B- Recommended books, materials, and media:

26 Additional inforn	nation:		

Name of Course Coordinator: Sana Abu-Dahab	Signature: S.M.A	Date: 26.2.2023
Head of Curriculum Committee/Department: Majd Jarrar	Signature: M.J	
Head of Department: Majd Jarrar	Signature: M. J.	
Head of Curriculum Committee/Faculty:Prof. Kamal A	Hadidi Signature	:KAH
Dean:Prof. Kamal A. Hadidi	Signature:	KAH